LIFE PURPOSE & YOUR CHAKRAS

How your chakras relate to what you came here for!
Your Guide to Chakras & Life Purpose

You have seven major chakras positioned along your spine. Each is a repository of spiritual information relating to a different aspect of your reality. They act as channels for your intuition. By tuning into them you can receive your guidance, be aware of your current reality and higher purpose. By mastering them you can live your purpose.
1st Chakra

Your first chakra provides support for living in physical reality. It channels your information on survival of your body. This includes its maintenance and health and how to create abundance and thrive in a world of opposites.

By mastering your first chakra and its survival instinct, you have the foundation of support required to focus on your higher purpose. By owning, balancing and operating your first chakra, you get to heal and create the life you want.

2nd Chakra

Your second chakra channels information on emotions, sexuality & body to spirit communication. Such as creative expression, reproduction & responding to physical & emotional signals.

When you take charge of it you can balance the needs of your body with your need to serve a higher purpose. By consciously owning and operating it, you free yourself to choose your purpose; versus only responding to body instincts. You use your unique creative vibration instead of merging with others.
3rd Chakra

Your third chakra contains information on energy distribution, including how you focus energy to create your life experiences. As well as on out of body experience such as astral travel.

Once you are sufficiently self-aware to know your purpose, owning your third chakra allows you to consciously focus your energy to support your goals. You have all you need within you to achieve this purpose.

4th Chakra

Your fourth chakra channels information on oneness & affinity. When you are passionate about people or projects through your heart that is your affinity. Oneness is your inter-connectedness with all things. It helps you appreciate where you fit in the world.

When this center is balanced you appreciate your-self, others & their creations. Healing it opens your passion for your higher purpose. An open heart chakra can guide your direction & help you attract what you need to pursue & fulfill your life purpose.
5th Chakra

Your fifth chakra helps you communicate with your higher self, body, source energy & others. Physically this includes speech, hearing & self-expression. It also helps you tune in intuitively via telepathy, clairaudience, inner voice & pragmatic intuition.

If it is unbalanced, you may be uninspired, fear speaking out or communicate poorly. As you own your fifth chakra you feel inspired, creative & communicate clearly. This serves your personal goals & higher service.

6th Chakra

Your sixth chakra channels your information on clairvoyance & abstract intuition. These abilities allow you to perceive your guides, colors, shapes, vibrations & frequencies of energy in this reality and in other realities.

Your sixth chakra gives you clarity about your higher purpose. When you see clearly about yourself, others, your body, emotions & intellect then you can take charge of your reality. You can release limits & direct your energy to focus on the life you want to create.
7th Chakra

Your seventh chakra is the place where you, the spiritual being, can enter your body. It has information on how you can channel your own or others' energy. It connects you to source & higher wisdom, as it channels your ability to know.

As the seventh chakra allows direct connection to the divine, having a balanced seventh chakra will help you know who you are & why you are here. It can help you understand your life challenges, your purpose & provide guidance as you progress along your life journey.

Summing it All Up

Your chakras act as conduits for your spiritual information flowing from your higher self. By exploring your chakras, you can consciously access your intuition and use it to guide your life journey.

The chakras also process your life experiences and help you respond accordingly. If you tune into your intuition through your chakras, you will be able to make decisions that align with your growth and higher purpose.
Keen to Learn More?

Dr Lesley Phillips teaches you how to access your inner guidance through her School of Intuition.

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