



Secrets of Your Psychic Senses

7 Common Myths About Your Psychic Abilities



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Introduction

Congratulations, for continuing your intuition journey by busting some commonly held myths about your psychic abilities.

There is an enormous amount of information out there on the internet these days on intuition. Isn't it any wonder people are confused about what it is and how to tune into it? With so many misunderstandings surrounding psychic abilities it can be challenging to put your finger on what's right for you.

The Intuition Myths

This short easy to read e-book aims to dispel the most common myths about intuition. No matter where you are on your intuition journey this information will help you:-

- Orient to your own higher information.
- Decide what teachings resonate with you.
- Select teachers and messages that deserve your valuable time and attention.

If you have questions about intuition that are not answered in this book please email them to info@drlesleyphillips.com

I hope you enjoy reading this book

Lesley Phillips

You Must Wait For Insights to Come to You!



Psychic Senses - Myth # 1

Myth #1 Busted

Sudden flashes of insight are usually the way people recognize they have intuition in the first place. For some this is a once in a lifetime experience. For others it happens more frequently.

Either way most people believe that they cannot control this process and must wait for it to happen. There are even famous mediums who teach that this is how intuition works. Many beginners, even some professional practitioners, do not realize they can learn to consciously access intuition at will.

This is unfortunate because your unique Psychic Ability Blueprint was meant to be used by you to help you live the life you planned and fulfill your purpose.

You can develop your intuition so you can tune in anytime you need to. You can develop it to the degree that you can get information about anything you want whenever you wish. By learning a few key principles and techniques everyone can control their intuition.

Flashes of insight may still occur when you are in the shower. But you won't have to passively wait for it. Once you learn how to consciously work with your intuition, many new possibilities can open up for you. From that day forward your inner guidance is always at your fingertips.

If you wish to discover more information about your Psychic Ability Blueprint [Click Here](#).

You Are Not Always Connected to Your Intuition



Psychic Senses - Myth # 2

Myth #2 Busted

Your soul is always communicating with you through your higher consciousness. It is the stream of consciousness that you are created from and are part of, so you are always connected to its information flow.

You may not always be consciously aware of it though.

You are living in the physical world. Your physical senses, intellect, emotions, and other body aspects tend to dominate your consciousness. This is a necessary part of being alive in a physical body. How else could you navigate the physical world. The problem is it can cause you to lose focus on your intuition.

Tuning out external influences can help you tune into your internal world. This is why meditation and intuition development are so intricately connected. You can learn to access your psychic senses anytime you wish.

Intuition works in different ways for different people. Understanding your unique intuitive style can help you connect and consciously work with it. You may be telepathic because your purpose is as an animal communicator. Or you could be a clairaudient because you came here to compose inspirational music.

Everyone is different! If you wish to discover more information about your unique intuition style [Click Here](#).

Intuition is Always Loud and Clear



Psychic Senses - Myth #3

Myth #3 Busted

Some people believe they are not intuitive, because their experiences of intuition have been vague and fleeting.

In truth, intuition is subtle for most people because they have not been trained to recognize it. It can be like a cloudy image, that momentarily flashes across your mental screen, or a far away voice floating on the wind. It can be a gut feeling or a sort of knowing.

If you are not practiced at using your intuition, your mind may be busy with many voices. Your mental screen might be overloaded with lots of images. Before you even recognize your intuition, it's gone. If you do pick up the quiet voice of your intuition, you analyse it through your logical mind and lose the essence of the message.

Meditation can help you identify and develop your psychic senses. It helps calm and clear your mind. Meditation also helps you access intuition through the veil of your intellect and physical senses. The more you focus on your intuition the clearer it becomes.

It can be very helpful to have a teacher skilled in the psychic arts to mentor you. She can teach you how to consciously access it faster than you might figure out on your own. Plus she can validate when you are really using your intuition.

If you would like help discovering and developing your psychic abilities from an experienced teacher [Click Here](#).

Women are Better at Intuition Than Men



Psychic Senses - Myth #4

Myth #4 Busted

There are more practicing female psychic readers than male. This relates more to social influences than to a difference in potential. Both women and men have psychic abilities but they receive different cultural programming.

Society gives permission for women to practice "*women's intuition*." Whereas men are constantly given the message that they must be strong, rational, and realistic. This mental training makes them lose touch with their inner wisdom.

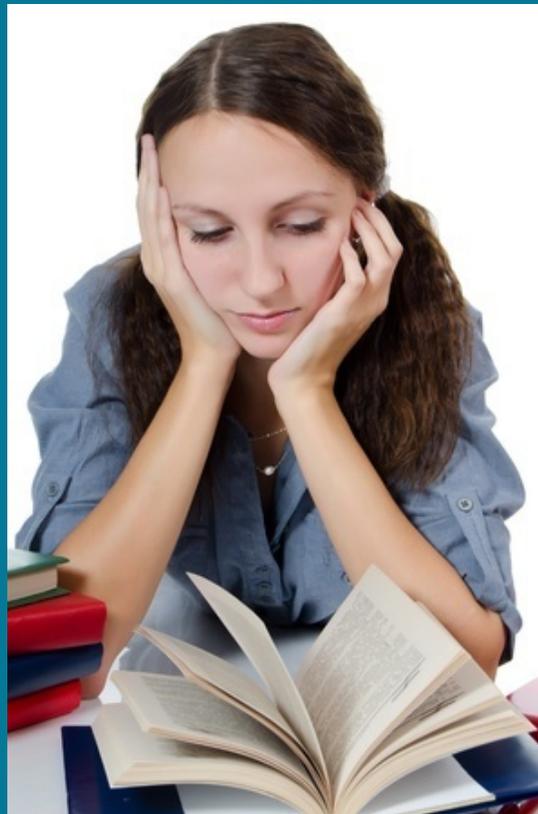
Even when we acknowledge intuition in both sexes, there are different stereotypes. Men have permission for gut feelings and business instincts. They can be visionaries or futurists, intuitively decode technology and find directions.

Women, on the other hand can have a mother's instinct. Female intuition is mysterious, goddess-like, illogical and perhaps something to fear. While women have more permission to be intuitive, they can also be invalidated because of it.

Everyone has intuition. Whether you are a man or a woman. One of the most valuable things you can do for yourself is to learn to hear, and follow your intuition. No matter whether you want to use it in the boardroom or the ballroom, intuition can support you on your life path.

Whatever your gender, you have both male and female energies within you and you have your own unique profile of psychic abilities that suits you and only you. *To discover more about this [Click Here](#).*

Intuition is Supposed to Make Sense



Psychic Senses - Myth #5

Myth #5 Busted

Should intuition always make logical sense?

Not necessarily. Sometimes it can be in direct conflict with your logical mind. Let's say you meet a new guy or gal and your intuition says: "*Stay away!*"

On the surface this person is charming, polite, and treats you well. They have a good job and a house, and say they are looking for commitment. Your logical mind would set you up with this person in an instant.

What if there is something they aren't telling you. Maybe they are lying. Perhaps this person is a criminal and you are in danger. Your intuition might be warning you through a strong gut instinct, or inner knowing, that despite all the signs to the contrary, this person is not for you.

Psychic abilities do not work like a systemic machine, or a math problem. Intuition is instant knowledge that appears without logic. Sometimes it is direct opposition to what your intellectual mind says makes sense. It is the voice of your higher being, which always offers good guidance.

Of course, you have the choice to listen to your logic or your intuition. Either way you will create new life experiences and learn something new.

If you want to know more about your intuition and what might be blocking it:
[**Click Here.**](#)

The Third Eye is Solely Responsible for Intuition



Psychic Senses - Myth #6

Myth #6 Busted

The third eye is a powerful determinant of conscious awareness. Located in the pineal gland, in the center of your sixth chakra, it helps you be neutral, accepting and have clarity about yourself, others and your life creations. It allows you to operate consciously as spirit in a body.

Your sixth chakra is the channel for your clairvoyance and abstract intuition. Sitting in your third eye confers the ability to see energy, interpret symbols and be aware of out of body beings.

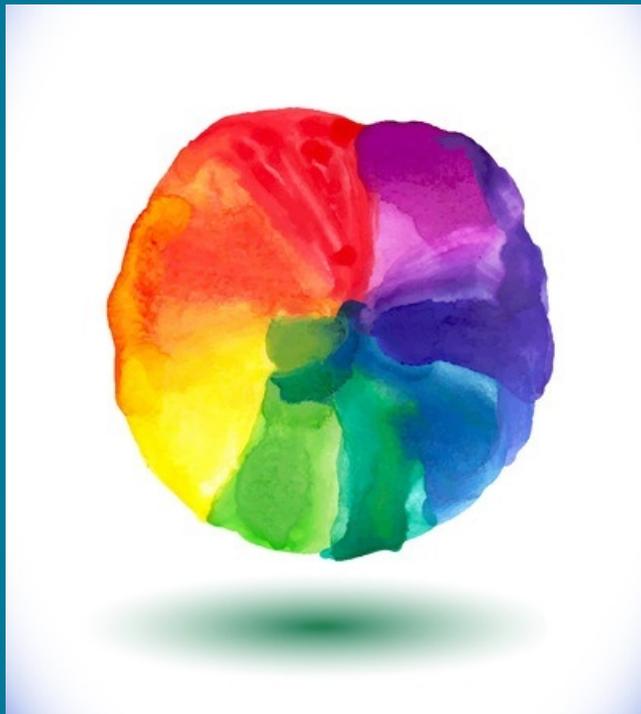
Did you realize your other chakras are also involved in spiritual communication?

- Your crown helps you connect with your higher knowing.
- Your throat center channels your inner voice and governs telepathy, clairaudience and pragmatic intuition.
- Your heart center guides your life through the magnetic attraction and the sense of oneness.
- The solar plexus is responsible for out of body experience.
- Your sacral center confers emotional intuition through clairsentience.
- Your first chakra connects you with your survival instinct.

There are many forms of intuition to be explored. If you wish to develop any of your 22 psychic senses, your third eye gives you the neutrality you need to deal with what comes up as you use them to know yourself and others better.

Your Psychic Ability Blueprint is a road map of your unique profile of 22 psychic abilities. For more information, [Click Here](#)

Your Chakras are Supposed to be Specific Colors



Psychic Senses - Myth #7

Myth #7 Busted

You may have been taught that your chakras are certain colors. To be healthy they should always be Red (1st), Orange (2nd), Yellow (3rd), Green (4th), Blue (5th), Indigo (6th) and Violet (7th). If they are not matching these colors then something is wrong.

This system for teaching about chakras uses colors to show the energy frequency gets higher as you move from the first to seventh chakra. Your chakras are dynamic system, that constantly shifts. You channel different energy frequencies through them as you respond to your changing life experiences.

Your chakras reflect whatever is going on in your life right now. There isn't one correct color for them, but many colors, and they change as you face your life challenges and process life experiences.

Today your first chakra might be mostly red as you channel the life force needed to run a triathlon. Tomorrow it might be mostly blue as it heals the body from the torn ligament and muscle strains from the day before.

Last week your heart chakra might be gold because you just had a new baby, and are opening to the love of being a parent for the first time. Next week it might be green as you learn how to take care of your new baby.

Your life purpose can change through your life, and your unique profile of psychic abilities, which are channeled through your chakras, may change to support it. *For more information [Click Here](#).*

About the Author

Rev. Dr. Lesley Phillips, Founder of The School of Intuition, is a spiritual teacher, focused on helping people access their personal intuitive guidance.



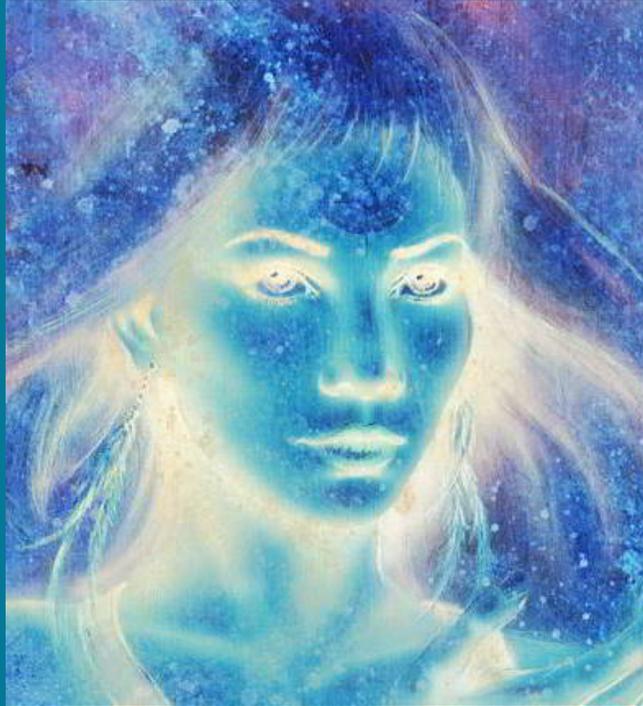
Dr. Lesley has offered intuitive sessions and energy healing since 1996 and has taught meditation, healing and psychic development since 2003. Dr. Lesley has provided spiritual guidance to thousands of people through her radio show, books, mentoring sessions, classes and retreats.

She used to be a microbiologist, who, like a modern day shaman, searched tropical regions of the planet for natural product medicines. She left this behind in 2005, when she dedicated her life to her spiritual calling of helping people access their intuitive messages through their psychic senses

Dr. Lesley is the developer of a unique process, called a Psychic Ability Blueprint. This special reading of your personal psychic senses provides guidance on your life purpose. She also created Portico Soul Essence Card Deck to help you open your intuition and creativity. She also wrote a spiritual novel, called "The Midas Tree." She is at her happiest when being of service, whether at a speaking engagement, teaching a class, giving a healing, reading or mentoring session.

[Dr. Lesley's Website](#)

Take The Next Step in Your Awakening!



DISCOVER YOUR PSYCHIC ABILITY BLUEPRINT !!!

Did you know you actually have over 20 psychic abilities? .. Some are active in your life right now. We have a process that measures the strength of all of them and teaches you how they fit in with your life purpose...

[CLICK HERE TO LEARN MORE](#)